



(Maybe) Simple but Not Easy

If you were given a \$100,000 to invest, how would you invest it?

The time horizon and risk profile are crucial, but an equity index that returned more than 20% over the last 12 months would surely catch your eye. The case for this investment strengthens when considering its 11% per annum return over the last 20 years. What could possibly go wrong?

Facing a Downturn

You decide to invest the \$100,000 in an Exchange Traded Fund (ETF) tracking the promising index. The investment immediately hits a snag, losing \$5,000 in the first 2 months. After a slight recovery, the downward trend continues, and after 2 years, the investment has dwindled to \$63,000. Imagine the emotional toll of seeing your hard-earned money shrink month after month. How many investors would remain patient and remain invested?

Month	Investment Value
1	\$100,000
6	\$98,000
12	\$93,000
18	\$60,000
24	\$63,000

Source/s: Morningstar (2024)

This illustration is the experience of a hypothetical investor investing in the S&P 500 on 1 June 2007. Quite difficult emotions attached to a historically reliable investment.

Recovery and Lessons Learnt

Fast forward to post-global financial crisis, and a recovery ensues. By 21 May 2024, the initial \$100,000 investment is worth \$487,000, achieving annualised growth of 10% per annum. This turnaround underscores the importance of patience and a long-term focus in investing.

Current market uncertainties, from economic and geopolitical issues to valuations, continue to test investors' resolve. This after a seemingly familiar period of very good returns.

While it is essential to encourage a long-term focus, remember:

- 1) Times of market stress make a long-term focus exceptionally difficult. Advisors need to empathise with clients' individual circumstances.
- 2) Past performance is not a reliable indicator of future results. Regular investment reviews are crucial to ensure relevance.
- 3) Regularly review asset allocation, for example ensuring sufficient emergency funds are available, preventing the need to redeem long-term investments during market downturns.
- 4) Have an investment plan and stick to it. Successful investing is about keeping emotions in check.



Tawanda Mushore CFA,FRM
Head of Research & Portfolio Manager

If you have any questions, please do not hesitate to reach out to Tawanda and our team directly on global@seedinvestments.co.za.

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